

DRAGONS "UECHI-RYU KARATE"

GRADING SYSTEM

10 KYU

HOJO UNDO 1 - 3, PUNCHING, KICKING, STANCES, KUMITE 3, KATA DA ICHI

9 KYU

HOJO UNDO 1 - 5, PUNCHING, KICKING, STANCES, KUMITE 2, SANCHIN, KATA DA ICHI, YAKASOKU 1 - 3, SPARRING

8 KYU

HOJO UNDO 1 - 7, PUNCHING, KICKING, STANCES, SANCHIN, KANSHIWA, YAKASOKU 1 - 5, SPARRING

7 KYU

HOJO UNDO 1 - 8, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, YAKASOKU 1 - 7, SPARRING

6 KYU

HOJO UNDO 1 - 8, SANCHIN, KANSHIWA, , KANSHIWA BUNKAI, YAKASOKU 1 - 8, SPARRING

5 KYU

HOJO UNDO 1 - 10, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, KANSU, YAKASOKU 1 - 8, SPARRING

4 KYU

HOJO UNDO 1 - 14, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, KANSU, YAKASOKU 1 - 9, SPARRING

3 KYU

HOJO UNDO 1 - 14, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, KANSU, SEICHIN, YAKASOKU 1 - 10, SPARRING

2 KYU

HOJO UNDO 1 - 14, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, KANSU, SEICHIN, YAKASOKU 1 - 10, SPARRING

1 KYU

HOJO UNDO 1 - 14, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, KANSU, SEICHIN, SEISAN, YAKASOKU 1 - 10, SPARRING

BLACK

HOJO UNDO 1 - 14, SANCHIN, KANSHIWA, KANSHIWA BUNKAI, KANSU, SEICHIN, SEISAN, YAKASOKU 1 - 10, SPARRING, QUESTIONS